

Strategies for Helping **LOUD** Children



It is hard to quiet enthusiastic children. In tasks or surroundings that excite them, they forget their noise level.

Here are some suggestions for helping your child keep an “indoor voice”:

~Calmly remind them to turn down their volume

~Respond to them with a whisper; chances are they will whisper too

~Gently ask them to use their indoor voice

~If these reminders don’t work, gently take him/her aside and calmly, face to face, tell the child he/she is not in trouble, but please lower his/her voice

Many of these suggestions may need constant enforcing, but with time and patience, your child will have the power to moderate his/her own voice.